

Fried-for-All Northwest 2006

English Country Dancers and Dance Leaders, save these dates! Fried de Metz Herman is bringing her marvelous dances and unique teaching style to the 2nd Fried-for-All Northwest, Friday-Sunday, June 16-18, 2006, in Seattle, WA.

Join us for an exciting weekend of English country dance and music led by one of the great teachers and dance devisers of our time. We will dance at two Seattle locations: Friday evening at the Lake City Community Center, 12531 28th Ave NE, and Saturday-Sunday at the Polish Home, 1714 - 18th Ave., on Capitol Hill.

DON'T MISS THIS SPECIAL EVENT !

Fried de Metz Herman is a legend in English Country Dancing. Her last visit to the Pacific Northwest attracted visitors from across the country for a weekend of intense dancing and learning. Especially for the FFA-NW 2006, Fried will lead a round-table discussion for dance leaders, including programming, choreography, and teaching style. All are



welcome to attend this session. Bring pencils and paper! Concurrently, there will be a closing dance, led by New York-area dance leader Paul Ross, who has studied with Fried for many years. Musical accompaniment for the weekend will be drawn from the fabulous talent in Seattle and anchored by Anita Anderson, Dave Bartley and Sande Gillette.



(Left to right) Paul Schnackenberg, Dick Shorter and Sharon Green dance at the first Fried-for-All Northwest in 1996.

Among the dances Fried will be teaching are her own recent "classics":

- ◆ At Rainbow's End
- ◆ Norbury Park
- ◆ Ponderosa Pine
- ◆ Circle Sarabande
- ◆ Time for A Little Something

Weekend Schedule, June 16-18, 2006

Friday:	8-10:30 p.m.	Opening dance party
Saturday:	10-12:30	Workshop 1
	2-4:30	Workshop 2
	8-10:30 p.m.	Evening dance party
Sunday:	10-12:30	Workshop 3
	2-4:00	Dance Leaders Discussion
	2-4:30 p.m.	Closing Dance /Paul Ross

The FFA-NW is designed for experienced English Country dancers - basic figures and style will NOT be taught. The full weekend price of \$75 includes Friday and Saturday evening dance parties, and all workshops. Meals are on your own; there are many dining options in the neighborhood. Sorry - no partial registrations. For more information, please contact Karen at dancerfolk@earthlink.net, Judy at 206-634-2535 or Judi at jsally1@comcast.net. Details and the registration form will be posted on the website at: <http://rivkinetic.org/ffa>

DANCING IS FUN FOR EVERYONE!